

## DRINKS, ICEBLOCKS AND SNACKS

### Fruit (All Fruit are Green items)

☺ Apple or Pear Slinky .....	0.60
☺ Fruit in Jelly.....	0.80
☺ Fruit Slice.....	0.60
☺ Fruit Tub (seasonal fruit)..... Small ... 2.50.....Large.....	3.50
☺ Orange quarters, frozen (2).....	0.60

### Drinks

☺ Blizzard (99% frozen juice) .....	1.60
☺ Fruit Juice, 350ml 100% Classics bottle (Orange, Apple, Apple & Blackcurrant, Tropical).....	1.60
☺ Fruit Juice, 250ml 100% Popper (Apple, Orange, Apple & Blackcurrant, Tropical).....	1.20
☺ Milk, 300ml plain .....	1.00
☺ Milk, 600ml plain .....	1.70
☺ Milk, Big M fresh, 300ml (Choc, Strawberry, Coffee).....	1.70
☺ Milk, Big M fresh, 600ml (Chocolate, Strawberry, Coffee).....	2.70
☺ Milk, Big M Popper (Chocolate, Strawberry, Honeycomb).....	1.40
☺ Water, bottled .....	1.10

### Iceblocks (Most Iceblocks are Amber items)

☺ Various.....	from 30c to \$2.00
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Iceblocks can be ordered on lunch bags.

A voucher is placed inside the cold bag for your child to bring to the Tuckshop.

### Snacks (All Snacks are Amber items)

☺ Jay Jay Snax (Chicken, Pizza, Salt & Vinegar).....	0.90
☺ Red Rock Deli Chips (Honey Soy Chicken or Plain).....	0.90
☺ Smiths BBQ Chips.....	0.90
☺ Homestyle Muffin (Choc, Blueberry, Apple Strudel).....	1.40
☺ Mainland Cheese & Crackers .....	1.40

### Miscellaneous Items

✦ Order Bags .....	0.05
✦ Extra Cutlery .....	0.05

## Term 1 & 2 2009

Tuckshop Open Monday to Friday  
Lunch served at 11.00 a.m.

Tuckshop 3550 5361

- *Volunteers always needed* -

### THIS IS HOW TO ORDER

Please help the volunteers provide an efficient service and to ensure your child gets what they order

Due to Health and Safety Regulations and our packing system, please supply two bags.

- One bag for HOT items e.g. pasta
- One bag for COLD items e.g. sandwiches, drinks, chips

Please clearly write: **Child's name** and **Class** on BOTH bags.

1. Tally prices on one bag and place money inside
2. Fold and place in the other bag (no sticky tape or staples)
3. Remind your child to deliver their order bags to the Tuckshop **BEFORE** school starts.

	7S
Child's name	
Pasta Blaster	\$2.50
Garlic Bread	<u>\$0.70</u>
	\$3.20
+ Cold Bag	<u>\$2.40</u>
Total	\$5.60

	7S
Child's name	
Orange Popper	\$1.00
Choc Chip Muffin	<u>\$1.40</u>
Total	<u>\$2.40</u>

*Tallying in columns helps us check addition*

Please note any special requirements for your child on bag or contact Convenor.  
Lunch will be delivered to Eating Areas at 11.30 a.m.

### SAUCES

BBQ.....	0.25
Mayonnaise .....	0.25
Sweet Chilli .....	0.25
Tomato Sauce sachet.....	0.25

## SANDWICH AND SALAD INGREDIENTS

(All sandwiches and salads are Green items)

☺ Vegemite sandwich .....	1.20
☺ Cheese sandwich.....	1.40
☺ Egg & Lettuce Sandwich.....	2.00
☺ Ham, Chicken or Tuna.....	2.50
☺ Salad Sandwich.....	3.30
☺ Ham, Chicken or Tuna & Salad Sandwich.....	4.70

### Extra Ingredients:

☺ Ham, Chicken or Tuna.....	1.70
☺ Egg or Cheese .....	0.80 each
☺ Lettuce, Tomato, Carrot, Cucumber, Beetroot, Pineapple.....	0.60 each

☺ Salad Sandwich includes: Lettuce, Cheese, Tomato, Carrot and Beetroot (\$3.30)

☺ Salad Box includes: Lettuce, Cheese, Tomato, Carrot, Egg, Beetroot, Cucumber and Pineapple (\$4.50)

☺ Side Cup includes: Lettuce, Carrot, Tomato, Cucumber and Corn (\$2.30)

☺ Ploughmans lunch includes: Cherry tomatoes, Celery, Carrot sticks, Lettuce, Cheese, Small Bread roll PLUS THE CHOICE OF ONE OF THE FOLLOWING an egg  
 one serve of chicken or  
 one serve of ham ~~\$4.50~~

If you would like additional items included in your salad or sandwich, add the "extras" price to the base price of the sandwich/salad.

### Breads available:

☺ Sliced bread (white or wholemeal)	
☺ Rolls.....	add 0.60
☺ Toasted .....	add 0.50

## HOT FOOD

The following items are available EVERY DAY (Monday to Friday)

☺ Chicken Wedges, 2 for .....	1.20
☺ Chicken Wedges, 2 & salad cup .....	3.40
☺ Corn on the Cob.....	0.80
☺ Garlic Bread .....	1.00
☺ Hamburger (beef, lettuce, tomato, beetroot, tomato sauce).....	3.20
☺ Hot Dog (reduced fat) (comes with sauce).....	2.10
☺ Pizza - Hawaiian .....	1.70
☺ Quiche - Bacon .....	Mini ..... 1.00 ..... Large ..... 1.70
☺ Quiche & salad cup .....	Mini ..... 3.30 ..... Large ..... 4.00

## ADDITIONAL HOT FOOD

These items are available ON THE FOLLOWING DAYS ONLY

### Monday:

☺ Lasagne.....	3.00
☺ Pasta Blaster .....	2.50
☺ Macaroni Cheese .....	2.50

### Tuesday:

☺ Hot Roast Beef Roll with Gravy.....	3.00
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### Wednesday:

☺ .....	0.00
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### Thursday:

☺ Pie - Large Lite.....	2.60
☺ Pie - Large Potato Top, Lite .....	2.90
☺ Pie - Mini Lite .....	1.60
☺ Sausage Roll, Lite .....	1.90

### Friday:

☺ Chicken Fillet Burger (with lettuce & light mayo).....	3.00
☺ Crackles & Smiles (3 chicken crackles & 3 potato smiles).....	1.70
☺ Dino Attack (2 chicken dinosaurs & 3 potato smiles).....	1.70
☺ Fishies & Smiles (2 fish fingers & 3 potato smiles) .....	1.70
☺ Pie - Large Lite.....	2.60
☺ Pie - Large Potato Top, Lite .....	2.90
☺ Pie - Mini Lite .....	1.60